**Degree Requirements**

Requirements for Students Matriculating in or before Academic Year 2024-2025. Learn more about University Academic Regulation 3.1 (http://catalog.okstate.edu/university-academic-regulations/#matriculation).

**Minimum Overall Grade Point Average:** 2.50  
**Total Hours:** 122

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
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<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td></td>
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<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
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<tr>
<td>or ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
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<tr>
<td>HIST 1103</td>
<td>Survey of American History</td>
<td>3</td>
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<tr>
<td>HIST 1483</td>
<td>American History to 1865 (H)</td>
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<tr>
<td>HIST 1493</td>
<td>American History Since 1865 (DH)</td>
<td></td>
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<tr>
<td>POLS 1113</td>
<td>American Government</td>
<td>3</td>
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<tr>
<td>MATH 1513</td>
<td>College Algebra (A)</td>
<td>3</td>
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<tr>
<td>or MATH 1483</td>
<td>Mathematical Functions and Their Uses (A)</td>
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<tr>
<td>NSCI 2013</td>
<td>Principles of Human Nutrition (N)</td>
<td>3</td>
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<tr>
<td>NSCI 2114</td>
<td>Principles of Human Nutrition</td>
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<tr>
<td>SPCH 2713</td>
<td>Introduction to Speech Communication (S)</td>
<td>3</td>
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<tr>
<td>STAT 2013</td>
<td>Elementary Statistics (A) (Minimum grade of &quot;C&quot;)</td>
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<tr>
<td>STAT 2023</td>
<td>Elementary Statistics for Business and Economics (A) (Minimum grade of &quot;C&quot;)</td>
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<tr>
<td>STAT 2053</td>
<td>Elementary Statistics for the Social Sciences (A) (Minimum grade of &quot;C&quot;)</td>
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</table>

**Hours Subtotal:** 40

Diversity (D) & International Dimension (I)

May be completed in any part of the degree plan  
Select at least one Diversity (D) course  
Select at least one International Dimension (I) course

**College/Departmental Requirements**

*Human Sciences*

- UNIV 1111 | First Year Seminar (or other approved first year seminar course)  | 1     |
- EDHS 1111 | First Year Seminar Supplement                                        | 1     |
- ENGL 3323 | Technical Writing                                                    | 3     |
- HDFS 1112 | Introduction to Human Development and Family Science (Minimum grade of "C") | 2 |
- HDFS 2113 | Lifespan Human Development (S)                                       | 3     |
- HDFS 2123 | Developmental Disabilities: Issues Across the Lifespan (D)           | 3     |
- HDFS 3123 | Parenting (S)                                                        | 3     |
- HDFS 4533 | Critical Issues in Human Development and Family Science               | 3     |

**Hours Subtotal:** 19

**Major Requirements**

**Family Life Education Core**

- HDFS 2213 | Human Sexuality and the Family (DS)                                    | 3     |
- HDFS 2523 | Professional Skills in Human Services (Minimum grade of "C")          | 3     |
- HDFS 2433 | Relationship Development and Marriage (S)                              | 3     |
- HDFS 3443 | Family Dynamics                                                        | 3     |
- HDFS 4433 | Family Life Education                                                   | 3     |
- HDFS 4473 | Policy, Law and Advocacy                                               | 3     |
- HDFS 4521 | HDFS Child and Family Services: Pre-Internship (Minimum grade of "C") | 1     |
- HDFS 4563 | Internship in Child and Family Services I                              | 3     |
- HDFS 4572 | Internship in Child and Family Services II                             | 2     |
- HDFS 4713 | Family Resource Management                                             | 3     |

**Developmental Core**

- HDFS 3413 | Infant and Child Development                                           | 3     |
- HDFS 3423 | Adolescent Development in Family Contexts (S)                         | 3     |
- HDFS 4413 | Successful Aging (S)                                                   | 3     |

**Risk & Resilience Science Core**

- HDFS 3513 | Research Methods in Human Development and Family Science               | 3     |
- HDFS 4423 | Family Risk and Resilience                                             | 3     |

**Hours Subtotal:** 42

**Professional Track Requirements**

Choose coursework to complete an individualized plan. View Individualized Plan (IP) details (p. 2)

**Hours Subtotal:** 21

**Total Hours:** 122

1. Meets Certified Family Life Education national requirements.
Other Requirements

- 40 hours must be upper-division.
- A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.
- **Transfer Admission Requirements**: 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours.

Professional Track Requirements

**Individualized Plan (IP)**

21 hours with a clearly articulated emphasis approved in writing by the HDFS department head or an OSU minor that supports the HDFS major and student's career goals, as approved by an advisor. Note: a course required elsewhere on this degree sheet cannot be counted towards two requirements. With approval from advisor and department head, a maximum of 30 hours from an accredited doctoral law or health program may be used for up to 21 hours of electives. Up to 9 hours may be substituted for HDFS 2433 Relationship Development and Marriage (S), HDFS 4433 Family Life Education, and HDFS 4473 Policy, Law and Advocacy.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence, 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2030.