

# HUMAN DEVELOPMENT AND FAMILY SCIENCE: CHILD AND FAMILY SERVICES, BS

## Degree Requirements

**Requirements for Students Matriculating in or before Academic Year 2026-2027.** Learn more about University Academic Regulation 3.1 (<https://catalog.okstate.edu/university-academic-regulations/#matriculation>).

**Minimum Overall Grade Point Average: 2.50**

**Total Hours: 120**

Code	Title	Hours
<b>General Education Requirements</b>		
<i>English Composition</i>		
See Academic Regulation 3.5 ( <a href="https://catalog.okstate.edu/university-academic-regulations/#english-composition">https://catalog.okstate.edu/university-academic-regulations/#english-composition</a> )		
ENGL 1113 or ENGL 1313	Composition I Critical Analysis and Writing I	3
ENGL 1213 or ENGL 1413	Composition II Critical Analysis and Writing II	3
<i>American History &amp; Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Quantitative Thought &amp; Logical Reasoning (Q)</i>		
MATH 1513 or MATH 1483	College Algebra (Q) Mathematical Functions and Their Uses (Q)	3
<i>Understanding Humanities-Human Heritage &amp; Cultures (H)</i>		
Courses designated (H)		6
<i>Reasoning in the Natural Sciences (N)</i>		
Must include one Laboratory-Based Inquiry (L) course.		
Three hours from:		3
NSCI 2013	Principles of Human Nutrition (N)	
NSCI 2114	Principles of Human Nutrition	
4 hours from courses designated (N) with one (L)		4
<i>Exploring Society &amp; Human Behavior (S)</i>		
SPCH 2713	Introduction to Speech Communication (S)	3
<i>Diversity (D)</i>		
Courses designated (D)		3
<i>Global Cultural Competency (G)</i>		
Courses designated (G)		3
<i>Additional General Education</i>		
Additional general education credit hours may be required to meet the total 40-hour minimum of general education credit if courses carry more than one general education designation and can be used to meet multiple general education designation hour requirements above.		
Courses designated (Q), (H), (N), (S), (D), (G), or (F).		0

Select one of the following:		3
STAT 2013	Elementary Statistics (Q) (Minimum grade of "C")	
STAT 2023	Elementary Statistics for Business and Economics (Q) (Minimum grade of "C")	
STAT 2053	Elementary Statistics for the Social Sciences (Q) (Minimum grade of "C")	
<b>Hours Subtotal</b>		<b>40</b>
<b>College/Departmental Requirements</b>		
<i>Human Sciences</i>		
UNIV 1111	First Year Seminar (or other approved first year seminar course)	1
EDHS 3111	Preparing for Your Future Career	1
<i>Human Development and Family Science</i>		
HDFS 1113	Introduction to Human Development and Family Science	3
HDFS 2453	Management of Human and Family Service Programs	3
HDFS 2523	Professional Skills in Human and Family Services	3
HDFS 3133	Fundamentals of Case Management	3
HDFS 3513	Research Methods in Human Development and Family Science	3
<b>Hours Subtotal</b>		<b>17</b>
<b>Major Requirements</b>		
<i>Family Life Core</i>		
HDFS 2213	Sexual Development in the Family Context (DS)	3
HDFS 2433	Romance, Love, and Marriage (S)	3
HDFS 3123	Parenting Across Family Contexts (S)	3
HDFS 3443	Family Dynamics	3
HDFS 4433	Family Life Education	3
HDFS 4473	Policy, Law and Advocacy	3
HDFS 4543	Intergenerational Relationships (S)	3
HDFS 4713	Family Resource Management	3
<i>Developmental Core</i>		
HDFS 2113	Lifespan Human Development (S)	3
HDFS 2123	Intellectual and Developmental Disabilities Across the Family Life Course (D)	3
HDFS 3413	Infant and Child Development	3
HDFS 3423	Adolescent and Youth Development (S)	3
HDFS 4413	Successful Aging (S)	3
HDFS 4813	Dying, Death and Bereavement	3
HDFS 4563	Internship in Child and Family Services	3
<b>Hours Subtotal</b>		<b>45</b>
<b>Professional Track Requirements</b>		
Choose coursework to complete an individualized plan.		
View Individualized Plan (IP) details ( <a href="https://catalog.okstate.edu/education-human-sciences/human-development-family-science/child-family-services-bs/#tracks">https://catalog.okstate.edu/education-human-sciences/human-development-family-science/child-family-services-bs/#tracks</a> )		18
<b>Hours Subtotal</b>		<b>18</b>
<b>Total Hours</b>		<b>120</b>

<sup>1</sup> Meets Certified Family Life Education national requirements.

## Other Requirements

- 40 hours must be upper-division.
- A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.
- **Transfer Admission Requirements:** 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours.

## Professional Track Requirements

### Individualized Plan (IP)

18 hours with a clearly articulated emphasis approved in writing by the HDFS department head or an OSU minor that supports the HDFS major and student's career goals, as approved by an [advisor](#). Note: a course required elsewhere on this degree sheet cannot be counted towards two requirements. With approval from [advisor](#) and department head, a maximum of 30 hours from an accredited doctoral law or health program may be used for up to 18 hours of electives. Up to 9 hours may be substituted for HDFS 2433 Relationship Development and Marriage (S), HDFS 4433 Family Life Education, and HDFS 4473 Policy, Law and Advocacy.

## Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2032.