**NUTRITIONAL SCIENCES: ALLIED HEALTH, BS**

**Degree Requirements**

Requirements for Students Matriculating in or before Academic Year 2024-2025. Learn more about University Academic Regulation 3.1 ([http://catalog.okstate.edu/university-academic-regulations/#matriculation](http://catalog.okstate.edu/university-academic-regulations/#matriculation)).

**Minimum Overall Grade Point Average:** 2.50

**Total Hours:** 120

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
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<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td></td>
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<td>Select one of the following:</td>
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<td>3</td>
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<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
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<tr>
<td>ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
<td></td>
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<tr>
<td>ENGL 3323</td>
<td>Technical Writing</td>
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</tbody>
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**American History & Government**

Select one of the following: 3

- HIST 1103  Survey of American History
- HIST 1483  American History to 1865 (H)
- HIST 1493  American History Since 1865 (DH)

- POLS 1113  American Government 3

**Analytical & Quantitative Thought (A)**

- MATH 1513  College Algebra (A) 3
  or MATH 1483  Mathematical Functions and Their Uses (A)

**Humanities (H)**

Courses designated (H) 6

**Natural Sciences (N)**

Must include one Laboratory Science (L) course

- CHEM 1215  Chemical Principles I (LN) 4
  or CHEM 1314  Chemistry I (LN)

- CHEM 1225  Chemical Principles II (LN) 5
  or CHEM 1515  Chemistry II (LN)

**Social & Behavioral Sciences (S)**

Courses designated (S) 3

**Additional General Education**

- BIOL 1113  Introductory Biology (N) 4
  & BIOL 1111  and Introductory Biology Laboratory (LN)
  or BIOL 1114  Introductory Biology (LN)

- SPCH 2713  Introduction to Speech Communication (S) 3
  or SPCH 3723  Business and Professional Communication

- STAT 2013  Elementary Statistics (A) 3
  or STAT 2023  Elementary Statistics for Business and Economics (A)

**Diversity (D) & International Dimension (I)**

May be completed in any part of the degree plan

At least one Diversity (D) course

At least one International Dimension (I) course

**College/Departmental Requirements**

**Human Sciences**

- EDHS 1112  First Year Seminar 2
  or EDHS 3112  Education and Human Sciences First-Year Seminar for Transfer Students

- HDFS 2113  Lifespan Human Development (S) 3

**Nutritional Sciences**

- NSCI 3011  Nutrition and Evidence-based Practice I 1
- NSCI 3021  Nutrition and Evidence-based Practice II 1
- NSCI 4021  Nutrition and Evidence-based Practice III 1

| Hours Subtotal | 8 |

**Major Requirements**

2.50 GPA is required for Major Requirements

- NSCI 2013  Principles of Human Nutrition (N) 3
- NSCI 2011  Applied Principles of Human Nutrition 1
- NSCI 3223  Nutrition Across the Life Span 3
- NSCI 3440  Nutritional Sciences Pre-Professional Experience (1 hour) 1

- NSCI 3543  Food and the Human Environment (IS) 3
- NSCI 4023  Nutrition in the Pathophysiology of Chronic Disease 3

- NSCI 4123  Human Nutrition and Metabolism I 3
- NSCI 4143  Human Nutrition and Metabolism II 3
- NSCI 4373  Principles of Nutrition Education and Behavior Change 3

- BIOL 3204  Physiology 4
- BIOL 3214  Human Anatomy 4

Select one of the following (see advisor): 5

- CHEM 3053  Organic Chemistry I and Organic Chemistry Laboratory
  & CHEM 3112  and Organic Chemistry II 1

- HHP 2802  Medical Terminology for the Health Professions 2

- HLTH 2603  Total Wellness (S) 3
- MICR 2123  Introduction to Microbiology 3
- MICR 2132  Introduction to Microbiology Laboratory 2
- UNIV 2511  Introduction to Health Careers 1

19-22 hours of controlled electives to total 69 hours of major requirements 22

| Hours Subtotal | 69 |

**Total Hours** 120
If a student takes CHEM 1215 Chemical Principles I (LN) one hour will count as a controlled elective. If student completes CHEM 3013 Survey of Organic Chemistry and CHEM 3012 Survey of Organic Chemistry Laboratory, student must take 22 hours of controlled electives. If student completes CHEM 3053 Organic Chemistry I, CHEM 3112 Organic Chemistry Laboratory and CHEM 3153 Organic Chemistry II, student must take 19 hours of controlled electives.

Consult admissions requirements for specific professional programs.

Ensure that enough upper-division controlled electives are taken to meet the 40 hour upper-division Regents requirement.

This degree program does not meet all the Didactic Program in Dietetics academic course requirements. See the NSCI Major/Dietetics Option sheet for courses to be added.

**Other Requirements**

- 40 upper-division hours required.
- A 2.50 Major GPA is required. This includes all courses in College/Departmental and Major Requirements.
- A grade of "C" or better is required in all NSCI 3000- and 4000-level courses.
- Transfer Admission Requirement: 2.50 GPA.

**Additional State/OSU Requirements**

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2030.