

NUTRITIONAL SCIENCES: ALLIED HEALTH, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2025-2026. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50

Total Hours: 120

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113	Composition I	3
or ENGL 1313	Critical Analysis and Writing I	
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Quantitative Thought & Logical Reasoning (Q)</i>		
MATH 1513	College Algebra (Q)	3
or MATH 1483	Mathematical Functions and Their Uses (Q)	
<i>Understanding Humanities-Human Heritage & Cultures (H)</i>		
Courses designated (H)		6
<i>Reasoning in the Natural Sciences (N)</i>		
Must include one Laboratory-Based Inquiry (L) course		
CHEM 1215	Chemical Principles I (LN) ¹	4
or CHEM 1314	Chemistry I (LN)	
CHEM 1225	Chemical Principles II (LN)	5
or CHEM 1515	Chemistry II (LN)	
<i>Exploring Society & Human Behavior (S)</i>		
HLTH 2603	Total Wellness (S) ²	3
<i>Diversity (D)</i>		
Courses designated (D)		3
<i>Global Cultural Competency (G)</i>		
NSCI 3543	Food and the Human Environment (GS) ²	3
<i>Additional General Education</i>		
Additional general education credit hours (at least 1 hour) are required to meet the total 40-hour minimum. If courses carry more than one general education designation and can be used to meet multiple minimum general education designation hours above, more than 1 hour of additional general education will be required here to meet the 40-hour minimum.		

Courses designated (Q), (H), (N), (S), (D), (G), or (F).		1
Hours Subtotal		40
College/Departmental Requirements		
UNIV 1111	First Year Seminar (or other approved first year seminar course)	1
EDHS 3111	Preparing for Your Future Career	1
HDFS 2113	Lifespan Human Development (S)	3
<i>Nutritional Sciences</i>		
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) and Introductory Biology Laboratory (LN) Introductory Biology (LN)	4
SPCH 2713	Introduction to Speech Communication (S)	3
STAT 2013 or STAT 2023	Elementary Statistics (Q) Elementary Statistics for Business and Economics (Q)	3
NSCI 3011	Nutrition and Evidence-based Practice I	1
NSCI 3021	Nutrition and Evidence-based Practice II	1
NSCI 4021	Nutrition and Evidence-based Practice III	1
Hours Subtotal		18
Major Requirements		
2.50 GPA is required for Major Requirements		
NSCI 2013	Principles of Human Nutrition (N)	3
NSCI 2011	Applied Principles of Human Nutrition	1
NSCI 3223	Nutrition Across the Life Span	3
NSCI 3440	Nutritional Sciences Pre-Professional Experience (1 hour)	1
NSCI 4023	Nutrition in the Pathophysiology of Chronic Disease	3
NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4143	Human Nutrition and Metabolism II	3
NSCI 4373	Principles of Nutrition Education and Behavior Change	3
BIOL 3204	Physiology	4
BIOL 3214	Human Anatomy	4
Select one of the following (see advisor):		5
CHEM 3013 & CHEM 3012	Survey of Organic Chemistry and Survey of Organic Chemistry Laboratory ¹	
CHEM 3053 & CHEM 3112 & CHEM 3153	Organic Chemistry I and Organic Chemistry Laboratory and Organic Chemistry II ¹	
HHP 2802	Medical Terminology for the Health Professions	2
MICR 2123	Introduction to Microbiology	3
MICR 2132	Introduction to Microbiology Laboratory	2
UNIV 2511	Introduction to Health Careers	1
18-21 hours of controlled electives to total 62 hours of major requirements ¹		21
Hours Subtotal		62
Total Hours		120

1

If student completes CHEM 3013 Survey of Organic Chemistry and CHEM 3012 Survey of Organic Chemistry Laboratory, student must take 21 hours of controlled electives. If student completes CHEM 3053 Organic Chemistry I, CHEM 3112 Organic Chemistry Laboratory and CHEM 3153 Organic Chemistry II, student must take 18 hours of controlled electives.

2

Included in the Major Requirements when calculating Major GPA

Consult admissions requirements for specific professional programs.

Ensure that enough upper-division controlled electives are taken to meet the 40 hour upper-division Regents requirement.

This degree program does not meet all the Didactic Program in Dietetics academic course requirements. See the NSCI Major/Dietetics Option sheet for courses to be added.

Other Requirements

- 40 upper-division hours required.
- A 2.50 Major GPA is required. This includes all courses in College/Departmental and Major Requirements.
- A grade of "C" or better is required in all NSCI 3000- and 4000-level courses.
- Transfer Admission Requirement: 2.50 GPA.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 and 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2031.