

# NUTRITIONAL SCIENCES: PUBLIC HEALTH NUTRITION, BS

## Example Plan of Study

### Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
<b>Freshman</b>		
<b>Fall</b>		
NSCI 2013	Principles of Human Nutrition (N)	3
UNIV 1111	First Year Seminar	1
NSCI 2011	Applied Principles of Human Nutrition	1
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
MATH 1513 or MATH 1483	College Algebra (Q) or Mathematical Functions and Their Uses (Q)	3
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	4
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) or Chemistry I (LN)	4
HLTH 2213	Introduction to Public Health	3
SOC 1113	Introductory Sociology (S)	3
<b>Hours</b>		<b>13</b>
<b>Sophomore</b>		
<b>Fall</b>		
NSCI 3733	Environmental Nutrition (Fall Only)	3
CHEM 1225 or CHEM 1515	Chemical Principles II (LN) or Chemistry II (LN)	5
PSYC 1113	Introductory Psychology (S)	3
STAT 2013 or STAT 2023	Elementary Statistics (Q) or Elementary Statistics for Business and Economics (Q)	3
NSCI 3440	Nutritional Sciences Pre-Professional Experience	1
EDHS 3111	Preparing for Your Future Career	1
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
NSCI 3223	Nutrition Across the Life Span	3
MICR 2123	Introduction to Microbiology	3
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
HDFS 2113	Lifespan Human Development (S)	3
SPCH 2713	Introduction to Speech Communication (S)	3
<b>Hours</b>		<b>15</b>

<b>Junior</b>		
<b>Fall</b>		
NSCI 3312	Nutrition Care Process and Assessment (Fall Only)	2
NSCI 3543	Food and the Human Environment (GS)	3
NSCI 3011	Nutrition and Evidence-based Practice I	1
MICR 2132	Introduction to Microbiology Laboratory	2
BIOL 3203	Physiology	3
BIOL 3201	Physiology Lab	1
POLS 1113	American Government	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
NSCI 3021	Nutrition and Evidence-based Practice II	1
NSCI 3813	Nutrition Counseling (Spring Only)	3
3 hours General Education (H/D)		3
HLTH 3723	Principles of Epidemiology	3
ACCT 2003	Survey of Accounting	3
3 hours of controlled elective		3
<b>Hours</b>		<b>16</b>
<b>Senior</b>		
<b>Fall</b>		
NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4632	Community Nutrition I (Fall Only)	2
NSCI 4913	Nutritional Epidemiology (Fall Only)	3
MGMT 3013	Fundamentals of Management (S)	3
MKTG 3213	Marketing (S)	3
<b>Hours</b>		<b>14</b>
<b>Spring</b>		
NSCI 4633	Community Nutrition II (Spring Only)	3
NSCI 4143	Human Nutrition and Metabolism II	3
NSCI 4021	Nutrition and Evidence-based Practice III	1
ECON 1113	The Economics of Social Issues (S)	3
3 hours General Education (H)		3
3 hours of controlled electives		3
<b>Hours</b>		<b>16</b>
<b>Total Hours</b>		<b>120</b>