

PUBLIC HEALTH: EXERCISE AND HEALTH, BS

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
MATH or STAT Course Designated (Q)	MATH 1513 suggested	3
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	4
HLTH 2213	Introduction to Public Health	3
UNIV 1111	First Year Seminar	1
Hours		14
Spring		
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) or Chemistry I (LN)	4
3 Hour General Education (H)		3
HLTH 2603	Total Wellness (S)	3
3 Hours General Education (S)		3
Hours		16
Sophomore		
Fall		
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
3 Hours General Education (G)		3
3 Hours of Elective		3
STAT 2013 or STAT 2023 or STAT 2053	Elementary Statistics (Q) or Elementary Statistics for Business and Economics (Q) or Elementary Statistics for the Social Sciences (Q)	3
HLTH 3613	Community Health	3
EDHS 3111	Preparing for Your Future Career	1
Hours		16
Spring		
POLS 1113	American Government	3
NSCI 2013	Principles of Human Nutrition (N)	3
3 Hour General Education (H)		3
MSIS 2103 or EDTC 4113	Business Data Science Technologies or Applications of Media and Technology	3
HLTH 3343	Public Health Policy (Spring Only)	3
Hours		15
Junior		
Fall		
HLTH 3643	Health Behavior Theory	3
BIOL 3203	Physiology	3

BIOL 3201	Physiology Lab	1
5 Hours General Education (Q, H, N, S, D, G, or F))		5
HLTH 3113	Health Issues in Diverse Populations (D)	3
Hours		15
Spring		
HLTH 3723	Principles of Epidemiology	3
HHP 2654 or BIOL 3214	Applied Anatomy or Human Anatomy	4
HLTH 3673	Physical Activity and Public Health (Spring Only)	3
HLTH 3923	Social Determinants of Health and Public Health Equity	3
2 Hours Elective		2
Hours		15
Senior		
Fall		
HHP 3114	Physiology of Exercise	4
HLTH 4973	Program Design in Public Health	3
HLTH 4903	Pre-Internship Seminar	3
HLTH 4313	Public Health Communication	3
HHP 3664	Biomechanics	4
Hours		17
Spring		
HLTH 4990	Internship in Public Health: Exercise and Health	12
Hours		12
Total Hours		120