

RECREATIONAL THERAPY, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2026-2027. Learn more about University Academic Regulation 3.1 (<https://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50

Total Hours: 120

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (https://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113	Composition I	3
or ENGL 1313	Critical Analysis and Writing I	
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Quantitative Thought & Logical Reasoning (Q)</i>		
MATH 1513	College Algebra (Q)	3
<i>Understanding Humanities-Human Heritage & Cultures (H)</i>		
Courses designated (H)		6
<i>Reasoning in the Natural Sciences (N)</i>		
Must include one Laboratory-Based Inquiry (L) course		8
BIOL 1113	Introductory Biology (N)	
& BIOL 1111	and Introductory Biology Laboratory (LN)	
or BIOL 1114	Introductory Biology (LN)	
CHEM 1314	Chemistry I (LN)	
or CHEM 1215	Chemical Principles I (LN)	
<i>Exploring Society & Human Behavior (S)</i>		
Course designated (S)		6
Recommended:		
PSYC 1113	Introductory Psychology (S)	
<i>Diversity (D)</i>		
Courses designated (D)		3
<i>Global Cultural Competency (G)</i>		
Courses designated (G)		3
<i>Additional General Education</i>		
Additional general education credit hours may be required to meet the total 40-hour minimum of general education credit if courses carry more than one general education designation and can be used to meet multiple general education designation hour requirements above.		
Courses designated (Q), (H), (N), (S), (D), (G), or (F).		0

Hours Subtotal		41
College/Departmental Requirements		
Minimum GPA 2.50 with a minimum grade of "C" or "P" in each course		
UNIV 1111	First Year Seminar (or other approved first year seminar course)	1
EDHS 3111	Preparing for Your Future Career	1
HDFS 2113	Lifespan Human Development (S)	3
HHP 2654	Applied Anatomy	4
RT 3212	Psychomotor Development	2
PSYC 3443	Psychopathology (S)	3
Select one of the following:		3
STAT 2013	Elementary Statistics (Q)	
STAT 2023	Elementary Statistics for Business and Economics (Q)	
STAT 2053	Elementary Statistics for the Social Sciences (Q)	
BIOL 3203	Physiology	4
& BIOL 3201	and Physiology Lab	
or BIOL 3204	Physiology	
Hours Subtotal		21
Major Requirements		
Minimum GPA of 2.50 with a minimum grade of "C" or "P" in each course		
RT 2433	Introduction to Recreational Therapy	3
RT 2443	Contemporary Issues in Diversity (DS)	3
RM 2463	Recreation Management and Recreational Therapy Laboratory	3
RT 3413	Recreational Therapy and Mental Illness/Intellectual Disabilities	3
RT 3423	Recreational Therapy in Geriatric Practices	3
RT 3433	Recreational Therapy and Physical Disabilities	3
RT 3441	Warm Water Therapy Lab	1
RT 3443	Assessment in Recreational Therapy	3
RT 3473	Medical Terminology and Procedures for Recreational Therapy (Must be taken with RT 3483)	3
RT 3483	Junior Internship in Recreation Therapy (Must be taken with RT 3473)	3
RT 3843	Recreational Therapy Facilitation Techniques & Interventions	3
RT 4442	Recreational Therapy and Child Development	2
RT 4483	Administrative Documentation in Internship for Recreational Therapy (Must be taken with RT 4489)	3
RT 4489	Senior Internship in Recreational Therapy (Must be taken with RT 4483)	9
RT 4581	Senior Seminar in Recreational Therapy	1
RT 4833	Recreational Therapy and Pediatrics	3
RT 4843	Recreational Therapy & Healthcare Administration	3
RT 4933	Advanced Methods In Recreational Therapy	3
Hours Subtotal		55

Select 3 hours of electives from the following:	3
Upper-division RT courses	
RT 3110	Workshop in Recreational Therapy (Remove RT 4443)
EPSY 3113	Psychological Foundations of Childhood
EPSY 3413	Child and Adolescent Development
EPSY 4063	Exploration of the Creative Experience
HDFS 2233	Development of Creative Expression, Play and Motor Skills in Early Childhood
HDFS 3203	International Perspectives on Children's Play (G)
HDFS 3413	Infant and Child Development
HDFS 3423	Adolescent and Youth Development (S)
Hours Subtotal	3
Total Hours	120

Additional Recreational Therapy Degree Requirements

- 40 hours of upper-division coursework.
- Required for graduation:
 - 2.50 Overall GPA;
 - 2.50 GPA in major for enrollment in RT 4489 Senior Internship in Recreational Therapy;
 - and 2.50 GPA in College/Departmental Requirements.
- The student must earn minimum grades of "C" or "P" in the College/Departmental Requirements and Major Requirements.