

HEALTH EDUCATION AND PROMOTION: EXERCISE AND HEALTH, BS

Requirements for Students Matriculating in or before Academic Year 2018-2019. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.75

Total Hours: 120

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113 or ENGL 1313	Composition I Critical Analysis and Writing I	3
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865	
HIST 1493	American History Since 1865	
POLS 1113	American Government	3
<i>Analytical & Quantitative Thought (A)</i>		
MATH or STAT course designated (A)		6
<i>Humanities (H)</i>		
Courses designated (H)		6
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course		
BIOL 1114	Introductory Biology (LN)	4
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) Chemistry I (LN)	4
<i>Social & Behavioral Sciences (S)</i>		
Course designated (S)		3
<i>Additional General Education</i>		
Courses designated (A), (H), (N), or (S)		6
Hours Subtotal		41
Diversity (D) & International Dimension (I)		
May be completed in any part of the degree plan		
Select at least one Diversity (D) course		
Select at least one International Dimension (I) course		
College/Departmental Requirements		
Minimum GPA 2.75 with a minimum grade of "C" or "P" in each course		
EDUC 1111	First Year Seminar	1
BCOM 3113	Written Communication	3

ECON 1113	The Economics of Social Issues (S)	3
HHP 3114	Physiology of Exercise	4
MGMT 3013	Fundamentals of Management (S)	3
MKTG 3213	Marketing (S)	3
MSIS 2103 or EDTC 4113	Business Data Science Technologies Applications of Media and Technology	3
NSCI 2114	Principles of Human Nutrition (N)	4
BIOL 3204	Physiology	4
Hours Subtotal		28
Major Requirements		
Minimum GPA of 2.75 with a minimum grade of "C" or "P" in each course		
Select one of the following courses:		
HHP 2654 or BIOL 3214	Applied Anatomy Human Anatomy	4
HHP 3223	Motor Learning	3
HHP 3663	Biomechanics	3
HLTH 2213	Principles in Health Education and Promotion	3
HLTH 2603	Total Wellness (S)	3
HLTH 3613	Community Health	3
HLTH 3643	Health Behavior Theory	3
HLTH 3723	Principles of Epidemiology	3
HLTH 3913	Alcohol and Drug Education	3
HLTH 4533	Psychosocial Issues in Health Education/Promotion	3
HLTH 4902	Pre-Internship Seminar	2
HLTH 4973	Program Design in Health Education and Promotion	3
HLTH 4990	Internship in Health Education and Promotion: Exercise and Health	12
Select one of the following:		3
HHP 4773	Principles of Exercise Testing and Prescription	
HLTH 3113	Health Issues in Diverse Populations (D)	
HLTH 3603	Understanding HIV (DS)	
HLTH 4783	Health Issues in Gerontology	
NSCI 4133	Nutrition for Exercise and Sport	
Hours Subtotal		51
Total Hours		120

Other Requirements

- 40 hours of upper-division course work.
- Required for enrollment in HLTH 4990 Internship in Health Education and Promotion: Exercise and Health
 - a. Documentation of current first aid/CPR certification and
 - b. 2.75 GPA in Major Requirements, 2.75 GPA in College/Departmental Requirements, & 2.75 Overall GPA.
- Required for graduation:
 - a. 2.75 Overall GPA;
 - b. 2.75 GPA in College/Departmental Requirements; and
 - c. 2.75 GPA in Major Requirements.

- The student must earn minimum grades of “C” or “P” in the College/ Departmental Requirements and Major Requirements.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2024.