

PUBLIC HEALTH: EXERCISE AND HEALTH, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2024-2025. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.75

Total Hours: 120

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113 or ENGL 1313	Composition I Critical Analysis and Writing I	3
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Analytical & Quantitative Thought (A)</i>		
MATH or STAT course designated (A)		3
<i>Humanities (H)</i>		
Courses designated (H)		6
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course		
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) and Introductory Biology Laboratory (LN) Introductory Biology (LN)	4
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) Chemistry I (LN)	4
<i>Social & Behavioral Sciences (S)</i>		
Course designated (S)		3
<i>Additional General Education</i>		
Courses designated (A), (H), (N), or (S)		8
Hours Subtotal		40
Diversity (D) & International Dimension (I)		
May be completed in any part of the degree plan		
Select at least one Diversity (D) course		
Select at least one International Dimension (I) course		
College/Departmental Requirements		
Minimum GPA 2.75 with a minimum grade of "C" or "P" in each course		

UNIV 1111	First Year Seminar (or other approved first year seminar course)	1
EDHS 1111	First Year Seminar	1
MSIS 2103 or EDTC 4113	Business Data Science Technologies Applications of Media and Technology	3
NSCI 2013	Principles of Human Nutrition (N)	3
BIOL 3204	Physiology	4
Select one of the following:		3
STAT 2013	Elementary Statistics (A)	
STAT 2023	Elementary Statistics for Business and Economics (A)	
STAT 2053	Elementary Statistics for the Social Sciences (A)	
Hours Subtotal		15
Major Requirements		
Minimum GPA of 2.75 with a minimum grade of "C" or "P" in each course		
HHP 2654 or BIOL 3214	Applied Anatomy Human Anatomy	4
HHP 3114	Physiology of Exercise	4
HHP 3663	Biomechanics	3
HLTH 2213	Introduction to Public Health	3
HLTH 2603	Total Wellness (S)	3
HLTH 3113	Health Issues in Diverse Populations (D)	3
HLTH 3343	Public Health Policy	3
HLTH 3613	Community Health	3
HLTH 3643	Health Behavior Theory	3
HLTH 3673	Physical Activity and Public Health	3
HLTH 3723	Principles of Epidemiology	3
HLTH 3923	Principles of Social Justice in Health	3
HLTH 4313	Course HLTH 4313 Not Found	3
HLTH 4903	Pre-Internship Seminar	3
HLTH 4973	Program Design in Public Health	3
HLTH 4990	Internship in Public Health: Exercise and Health	12
Elective hours		
Select 6 hours		6
Hours Subtotal		65
Total Hours		120

Other Requirements

- 40 hours of upper-division course work.
- Required for enrollment in HLTH 4990 Internship in Public Health: Exercise and Health
 - a. Documentation of current first aid/CPR certification and
 - b. 2.75 GPA in Major Requirements, 2.75 GPA in College/Departmental Requirements, & 2.75 Overall GPA.
- Required for graduation:
 - a. 2.75 Overall GPA;
 - b. 2.75 GPA in College/Departmental Requirements; and
 - c. 2.75 GPA in Major Requirements.
- The student must earn minimum grades of "C" or "P" in the College/Departmental Requirements and Major Requirements.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2030.